

La Voz de Mora

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Editorial

Your Thoughts Produce Actions

By Nancy Quintana

Dear readers:

It is a new year for everyone, so, it is the ideal moment to propose to make significant changes that improve our personal life and project it towards the community: Personal Development in Function of the Social Transformation. Therefore, if you have not yet thought about the resolutions for 2019, you can write them down and make a plan to achieve it. From losing weight, starting a new business, quitting smoking, exercising, drinking less liquor, finding a partner, volunteer in the community, practice yoga, go to church, be more responsible, spend more time with the family, learn to say NO, meet new people, improve health, etc., these are just some ideas that maybe can motivate you, but it is in you to establish new purposes that you really are capable of fulfilling.

Begin to think and clarify your mind and remember that thoughts produce and attract actions.

With this edition we start the 6th year of this small publication and we greatly appreciate the support we have been receiving from you. We will continue working on the purpose that gave life to La Voz de Mora and we invite you to send us your suggestions on what we should work to improve. We hope that the topics of this edition are of your interest and call us to reflect and share your opinions respectfully, without fear of what others say.

"Courage, is what it takes to stand up and speak. Courage, is also what it takes to sit down and listen".

God Bless you and Happy 2019!

¿Qué Mundo Dejaremos a Nuestros Hijos?

"We do not stop asking ourselves what world we will leave to our children, when the question is what children we leave to this world". I could not agree more.

The world that will come, the future society, children will make now. If we educate and train our children with values and proper morals, we will have greater possibilities to create and form a better society, to live in a better world.

If on the contrary, we abandon their education persisting in the error that who should educate is the school and we dedicate ourselves to give shelter, shelter, food and some affection, if our busy life gives us time, then let's prepare. There will be a different world to the one we dreamed for when they were born.

The aspect of the maximum responsibility of parents to educate their children seems key to me. Of these, we depend on the solidity of the ethical, moral and cultural foundations, on the relationship with their peers, with nature, etc. It will be the basis on which children will build their own mental structure, creating their schemes and forming their criteria. From there will come their own ideas and desires, which may differ from those of their parents, who should guide them.

It is also true that others collaborate in education such as school, family and the rest of society, either directly or indirectly. And it seems that we are not aware of it in most cases.

With gestures as simple and everyday as throwing a paper on the ground, crossing on foot through areas that are undue or with the red light, not respecting the passage of people with difficulty of movement, not being friendly and educated with others, being aggressive at the wheel ... and a host of situations we do in the eyes of children who are absorbing as sponges everything they see and hear. These types of behaviors are recorded on their almost empty hard drive and will serve as an example of future behavior.

It depends on us, on all of us, that those hard disks are not filled with "malware", that is, that behavioral guides, moral, ethical structures, etc. are the appropriate ones in this way, we will have many possibilities that the future world, the world that our children will live, will be, at least, a little bit better. **(Leopoldo Abadia)**

What do you think?

Volunteer Core Staff: Nancy Quintana, Gina Pacheco, Carla Gomez, Helen De Herrera, Barney Torres

Send your articles, Announcements, Adds, letters, photos and donations to:
Contact/Contáctanos: lavozdemora@gmail.com / P.O. Box 51 Holman, NM 87723

County of Mora Board of Commission Special Meeting

Mora, NM, January 3, 2019.- County of Mora Board of Commission held the first Special meeting. The public agenda contained 22 points, of which we want to highlight the number 8, for your information:

Public Statement by Mora County Commission:

“Moving forward, the sitting B.O.C.C. will follow the most updated version of Robert’s Rules of Order, always keeping to the code of ethics with integrity and moral conduct to fulfill its Fiduciary Responsibility.

We the B.O.C.C. would like to thank those in attendance and want to encourage all of Mora County citizens to continue to participate in attendance and through “Public Comment”. The B.O.C.C. would also like to remind you that the purpose of the Commission convening is to conduct County business.

Any citizen may sign up to speak during “Public Comment” and may request ahead of time to speak to any agenda item. Each public speaker will be given 3 minutes to speak. At the end of 3 minutes the Chair will interrupt, thank you and excuse you by calling the next speaker and/or the next order of business. Any person deemed to be out of order, verbally and or through action, will be called to order by the Chair, which will be determined at the discretion of any of the Commissioners. Any person wishing to speak during the proceedings must be acknowledged by the Chair before they will be allowed to speak. Mora County Commission Special Meeting January 3, 2019.

The B.O.C.C. respects the opinion of all who speak during Public Comment and may request a response in writing from the appropriate department within 10 business days to be sent to the person making the request, with a CC. to the County Manager.

The B.O.C.C. will make it a policy not to respond to any request during public comment unless it deems the request to be an emergency (i.e., life threatening and or the potential immediate destruction of property). Again, we want to thank you for your attendance and participation.”

You can read in the minutes about:

- 17. D/R/A – Appointment of Mora County Advisory Council
- 21. D/R/A – Appointment of Interim Road Superintendent
- 22. D/R/A – Appointment of Interim Finance Director

Teenagers and the Native America Vietnam Veteran



(Photo:CNN)

The video, posted to YouTube by user KC Noland, went viral on Twitter.

Nathan Phillips, the man mocked by the teenagers outside of the Lincoln Memorial, said: “This is indigenous land, you’re not supposed to have walls here. We never did for a millennium. We never had a prison; we always took care of our elders, took care of our children, always provided for them, taught them right from wrong. I wish I could see that energy ... put that energy to making this country really, really great,” Phillips said, wiping away tears.

The teenagers were identified on social media as attending Covington Catholic High School in Park Hills, Kentucky. The Diocese of Covington and Covington Catholic High School said that “the matter is being investigated and we will take appropriate action, up to and including expulsion.”

Different videos have been published that show the facts in a more complete way, in such a way that the public can appreciate what happened and judge with a broader point of view. However, this incident should be taken as an opportunity for learning and reflection for all of us. The adolescents follow their impulses, but the adults, in this case, the parents and teachers who accompanied the students, should appeal to their wisdom and prudence to protect the integrity of the youth, ordering the immediate withdrawal of the students and avoid unnecessary confrontations.

It seems that two groups were allowed to perform marches on the same day: the first Indigenous People’s March and March for Life rally. Each group had a goal, both trying to defend the rights that they stand up for.

Respect, Tolerance, Acceptance of diversity, Wisdom and Prudence, are the values on which we should reflect and transmit with our example to the new generations.

WASHINGTON (CBS NEWS)- A group of teenagers, many wearing “Make America Great Again” hats, were captured on video taunting a Native American Vietnam veteran singing during the first Indigenous People’s March on Friday, January 18.

What is your opinion?

Desarrollo Personal - Personal Development

Exploring the Term Identity

By Edward "Albert" Martinez

In the next few issues of La Voz de Mora I wanted to explore the term identity with the readers. Merriam Webster defines identity as **"the distinctive character or personality of an individual."** However, when we are asked the more specific questions such as: "how do you identify yourself?" or "what is your identity?" The meaning of the word gets much more complicated and, in many cases, more difficult to explain. I suppose that at any given time and place we could have multiple definitions for our identity depending on the context. When we are traveling abroad or even within the united states many of us have been asked "who are you where are you from, I detect an accent?" At this point the person asking the question is already developing their own definition of who you are and how you identify, just based on your appearance and accent. When we answer, *"I am from northern New Mexico, from a small town by the name of Mora."* And the reply, in some cases, "oh you're from Mexico!" And we reply back, "no from New Mexico, in a town about three hours north of Albuquerque, just south of Taos and northeast of Santa Fe." At this time, we are essentially tying our identity to place, the place we live in and occupy.

Another example of how our identity is tied to place is the way our grandfathers and great grandfathers used to explain where they were from when they were asked while traveling within our own state of New Mexico. In many cases our grandfathers would say ***"yo soy del valle de donde sabe la agua a azufre y por un tiempo aparecio´ Jesus Cristo en la pared en el edificio al lado de la iglesia catolica."*** Without saying the name of the village, they indicated that they are from a place where the water tasted like sulfur and the image of Jesus Christ, for a time, appeared on the wall of the building next to the catholic church.

Those of us that are from that area know very well that in Holman, for many years, the public water and many of the private wells had sulfur water and that in the early to mid-1970's, thousands of people travelled to Holman to see the image of Christ and other images on the wall of one of the old mission buildings next to the catholic church. Although many people that this description of place was given to may have not known that it was Holman, it clearly illustrates how much individuals from Holman identify themselves with the place they live.

For now, I would like to leave you with a few questions regarding identity that I would like to explore with you through the future issues of La Voz de Mora. ***How do you identify? Is it through place or language? Or is it through family and traditions? What is your cultural identity? Do you identify yourself through your hobbies or through your position at work or your job? Do you tell others that you are from the home of the Rangers?***

Diferencia entre Honestidad e Integridad

La Honestidad habla de lo que yo hago y la Integridad habla de lo que yo Soy.

La Honestidad habla de lo que yo digo y la Integridad habla de lo que yo Pienso.

La Honestidad habla de mis Actos Publicos y la Integridad habla de lo que yo Hago aunque nadie este viendo.

Yokoi Kenji

Difference between Honesty and Integrity

Honesty speaks of what I do and Integrity speaks of what I Am.

Honesty speaks of what I say and Integrity speaks of what I think.

Honesty speaks of my Public Acts and Integrity speaks of what I do even if no one is watching.

Yokoi Kenji

**El mal que haces,
permanece contigo.**

El bien que haces vuelve a ti.

**Haz el bien y nunca dejes de
hacer en bien, no importa
que no sea apreciado en el
momento.**

Recycling and Composting Facility Operator Certification Courses

State Solid Waste Rules require that public and private solid waste facilities have certified operators. These courses enable operators to become certified!

The New Mexico Environment Department: Solid Waste Bureau (NMED: SWB), in partnership with NMRC, hosts two recycling and two compost facility operator's certification courses each year.

Both compost and recycling courses are taught by experts in the fields and are required for New Mexico Environment Department facility operator certification. Classes consist of three days of training and a test at the end of the training. To become certified at the state level, participants must pass the test with a score of 70% or higher.

Recycling Classes 2019: May 7-9 and December 10-12- Compost Classes 2019: April 9-11 and October 2019

For more information: Sarah Pierpont, Executive Director New Mexico Recycling Coalition- 505-603-0558

Kidnapped Dog



Mysteriously missing since December 27, 2018. He was reported as stolen by his owners at the Mora Sheriff Department. If you have any information, please contact us:

575 387 6669.- **CONFIDENTIAL REWARD!**

Mora County Solid Waste Transfer Station **Effective March 1st, 2019**

**All Pickup Truck and Trailer Loads
Must Be Taped and Secured.**

NO EXEPTIONS!

Ordinance No. 20150-001- Amended

Upcoming events

Treaty Day. - February 2, 2019, TREADY OF GUADALUPE HIDALGO at the Legislature.

UNITY BUILDS COMMUNITY, February 28, 2019. – Mora Day at the Legislature, the events will be at the Rotunda and East and West rooms and the evening will be at La Fonda. We encourage everyone to participate as there will be no cost to the public.

Mora Talk - Mission Churches of Mora County by Frank Graziano. May 4, 2:00 / Sta. Teresita, Turquillo. More information in April edition.

Historic Cultural Event, May 5, 2019.- More information in the next editions.

Fitness Quote

You're Built for Moving

Americans sit an average of 13 hours a day - and it's not doing us any favors! For many full-time employees, much of that time is spent sitting in front of a computer. This sedentary behavior raises nearly all of our health risks. Start reversing this damage by getting up more often throughout your day. Aim for the 20-8-2 rule: For every 20 minutes of sitting at home or at work, stand for 8 minutes and move for 2 minutes.

GET STRONGER

Good health starts at home. Put away the Smartphone and laptop, turn off the TV, and make dinnertime "together" time. Play with your kids. Take nightly walks. Spend quality time with your partner.

LANGUAGE - TREATY OF GUADALUPE HIDALGO

Español Nuevo Mexicano

By Anselmo Arellano

Con la firma del Tratado de Guadalupe Hidalgo, cerca de 60,000 nuevo mexicanos se hallaron ciudadanos americanos, al decidir no volver a la patria en donde tuvieron sus orígenes doscientos cincuenta años antes. La raza de Nuevo Mexico entro en una nueva lucha para preservar su cultura y destinos economicos. Esto fue un choque grave para los nativos de habla hispana, siendo que muchas de sus tradiciones e instituciones culturales que habian establecido a traves de 250 años fueron desarraigadas en su contacto con los anglos.

El idioma espanol de la gente nativa fue uno de los elementos de la cultura que sufrio mas como resultado de los contactos y choques de las dos culturas, la anglo-americana y la hispana-mexicana.

El espanol nuevo mexicano tradicionalment ha sido el espanol que se habla desde el pueblo de Socorro hasta los pueblos de la parte sur de Colorado. El espanol que ha permanecido en esta region es distinto al idioma de las otras partes de Mexico y el mundo hispano parlante.

Sin embargo, en Nuevo Mexico, se halla una mezcla de dialectos espanoles, junto con influencia de raices indigenas y otros contactos culturales. Otros dialectos espanoles que influyeron el espanol nuevo mexicano fueron los de Andalucia, norte Asturias, Santander y Leon.

Uno de los aspectos mas interesante del espanol nuevo mexicano, y el mas popular, es la caracteristica arcaica de la lengua.

Los pobladores de Nuevo Mexico trajeron muchas palabras del nahuatl como tecolote, pozole, quelite, zopilote y zoquete.

With the signing of the Treaty of Guadalupe Hidalgo, about 60,000 new Mexicans found themselves American citizens, deciding not to return to the homeland where they had their origins two hundred and fifty years earlier.

The race of New Mexico entered a new struggle to preserve its culture and economic destinies. This was a serious shock for the Spanish-speaking natives, since many of their cultural traditions and institutions that they had established through 250 years were uprooted in their contact with the Anglos.

The Spanish language of the native people was one of the elements of the culture that suffered most as a result of the contacts and clashes of the two cultures, Anglo-American and Hispanic-Mexican.

Spanish New Mexican has traditionally been Spanish spoken from the town of Socorro to the towns in the southern part of Colorado. The Spanish that has remained in this region is different from the language of the other parts of Mexico and the Spanish speaking world.

However, in New Mexico, there is a mixture of Spanish dialects, along with the influence of indigenous roots and other cultural contacts. Other Spanish dialects that influenced the new Mexican Spanish were those of Andalucia, north Asturias, Santander and Leon.

One of the most interesting aspects of the new Mexican language, and the most popular one, is the archaic character of the language.

Recommended books:

**Solo en Recuerdo by
Helen De Herrera**
recuerdo18@yahoo.com

**Blue Zones by Dan
Buettner**

What is the Treaty of Guadalupe Hidalgo?



The Treaty of Guadalupe Hidalgo, signed between Mexico and the United States on February 2, 1848, at the end of the War of American Intervention, established that Mexico ceded to the Americans almost half of its territory, which included the totality of what Today are the states of California, Arizona, Nevada, Utah and part of Colorado, New Mexico and Wyoming. As compensation, the United States paid 15 million dollars for damages to the Mexican territory during the war.

Among the aspects of the treaty are the following: the Rio Bravo del Norte or Rio Grande was established as the dividing line between Texas and Mexico; the protection of the civil and property rights of Mexicans who remained in the new US territory was stipulated. In addition, the United States agreed to patrol its side of the border, and the two countries agreed to settle future disputes under compulsory arbitration.

Is the Treaty of Guadalupe Hidalgo still in effect?

Yes, it is the oldest **treaty still** in force between the United States and Mexico.

In 1846 the United States began its occupation of New Mexico, and in 1848 the Treaty of Guadalupe-Hidalgo established New Mexico as part of the United States. Article 8 of the treaty stated that "property of every kind now belonging to Mexicans not established there shall be inviolably respected."

Local Supporters Advertisements

The Origins of Valentine's Day



MVCHS provides a wide range of services to the Mora Valley area. **MVCHS** offers quality medical, dental, and behavioral health services in its primary care clinic. In addition to primary care services, **MVCHS** also operates an adult day care program, as well as home care, and personal care services.

MVCHS is pleased to offer primary care services to everyone, regardless of their ability to pay. Please schedule an appointment and meet our highly qualified and dedicated staff. It is our pleasure to serve you!

Access your health records, communicate with MVCHS, and pay online any time through our Patient Portal at www.mvchs.org

Les Deseamos una Vida Buena y Sana.
"We wish you a good and wholesome life."

Every year, the fourteenth day of the month of February has millions across the world presenting their loved ones with candy, flowers, chocolates and other lovely gifts.

The story of St. Valentine has two different versions - the Protestant and the Catholic one. Both versions agree upon Saint Valentine being a bishop who held secret marriage ceremonies of soldiers in opposition to Claudius II who had prohibited marriage for young men and was executed by the latter. During the lifetime of Valentine, the golden era of Roman empire had almost come to an end. Lack of quality administrators led to frequent civil strife. Education declined, taxation increased and trade witnessed a very bad time. The Roman empire faced crisis from all sides, from the Gauls, Slavs, Huns, Turks and Mongolians from Northern Europe and Asia. The empire had grown too large to be shielded from external aggression and internal chaos with existing forces. Naturally, more and more capable men were required to be recruited as soldiers and officers to protect the nation from takeover. When Claudius became the emperor, he felt that married men were more emotionally attached to their families, and thus, will not make good soldiers. He believed that marriage made the men weak. So, he issued an edict forbidding marriage to assure quality soldiers.

The ban on marriage was a great shock for the Romans. But they dared not voice their protest against the mighty emperor. The kindly bishop Valentine also realized the injustice of the decree. He saw the trauma of young lovers who gave up all hopes of being united in marriage. He planned to counter the monarch's orders in secrecy. Whenever lovers thought of marrying, they went to Valentine who met them afterwards in a secret place, and joined them in the sacrament of matrimony. And thus, he secretly performed many marriages for young lovers. But such things cannot remain hidden for long. It was only a matter of time before Claudius came to know of this "friend of lovers," and had him arrested.

Happy Valentine's Day



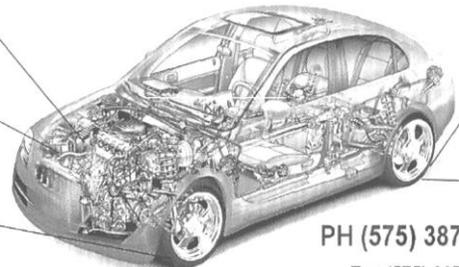
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